

Newport Hospital & Health Services Foundation For immediate release September 22, 2014

Four Qualify for 2015 Bloomsday Second Seed

NEWPORT – On September 20, 2014, runners from all over the Northwest competed in the 2014 Newport Autumn Bloom 5K/10K Fun Run benefiting the Newport Hospital & Health Services Foundation. A premier racing event, Autumn Bloom's 10K officially qualified four runners for the highly competitive second seed for Bloomsday 2015. This year's race welcomed back two prestigious Spokane running clubs, Manito Running Club and Bloomsday Road Runners Club. The 2014 Autumn Bloom changed its race classes, but according to Jenny Smith, Foundation Director, "Next year, we're going back to our previous race classes that recognized 10 year age divisions. We tried something new this year, and it really didn't work."

Bloomsday 2015 Second Seed qualifiers were: Amanda Ross (:43'04.63); Christina Meyer (:43'11.53); Chrystal Wachtel (:45'40.17); and Brenda Gill (:46'01.36). The male overall 10K winner was Caleb Howard (:39'59.89); female 10K winner was Amanda Ross (:43:04.63); 5K male overall winner was first time Autumn Bloom runner David Bingaman (:18'39.89); 5K female overall winner was Connie Troudt (:25'47.00).

Additional race winners were:

10K Overall Female: 1^{st} Place – Amanda Ross (:43'04.63) 2^{nd} Place – Christina Meyer (:43'11.53) 3^{rd} Place – Chrystal Wachtel (:45'40.17) 10K Open Class Female: 1^{st} Place – Amanda Ross (:43'04.63) 2^{nd} Place – Christina Meyer (:43'11.53) 3^{rd} Place – Chrystal Wachtel (:45'40.17)

10K Master's Class Female: 1^{st} Place – Brenda Gill (:46'01.36) 2nd Place – Kay Reynolds (:50'51.60) 3rd Place – Kristin Janson (:52'19.49) **10K Overall Male** 1st Place – Caleb Howard (:39'59.89) 2nd Place – Jonathan Fleming (:44'42.27) 3rd Place – Ronald "Mark" Smith (:45'12.39) 10K Open Class Male: 1st Place – Caleb Howard (:39'59.89) 2^{nd} Place – Jonathan Fleming (:44'42.27) 3^{rd} Place – Kevin Young (:49'11.74) 10K Master's Class Male: 1st Place – Ronald "Mark" Smith (:45'12.39) 2^{nd} Place – Bruce Kuest (:49'23.47) 3rd Place – Larry Taylor (:51'28.67) 10K Senior's Class Male: 1^{st} Place – Jim Schow (1:27'33.37) **5K Overall Female** 1st Place – Connie Troudt (:25'47.00) 2nd Place – Diana Crabtree (:26'03.13) 3rd Place- Rachel Chantry (:26'12.34) 5K Youth Class Female: 1st Place – Chloe Jones (:34'14.59) 2nd Place – Anna Jones (:39'43.02) 3rd Place – Emmy Lou Proctor (:52'29.44) 5K Open Class Female: 1st Place – Diana Crabtree (:26'03.13) 2nd Place – Rachel Chantry (:26'12.34) 3rd Place – Alison Isaacs (:28'41.40) 5K Master's Class Female: 1st Place – Connie Troudt (:25'47.00) 2nd Place – Kathy Hatcher (:29'50.48) 3rd Place – Tina Batsch (:30'21.88) 5K Senior Class Female: 1st Place – Valarie McDonald (:38'23.69) 2nd Place – Patricia Trout (:43'36.50) **5K Overall Male** 1st Place – David Bingaman (:18'39.89) 2nd Place – Sam Thomas (:23'28.17) 3rd Place – Chris Thomas (:23'28.68) 5K Youth Male 1^{st} Place – Sam Thomas (:23'28.17) 2^{nd} Place – Riley Thompson (:34'25.50) 3rd Place – Conrad Madison (:46'59.69) 5K Open Class Male: 1st Place – David Bingaman (:18'39.89)

 2^{nd} Place – Andrew Isaacs (:28'40.92) 3^{rd} Place – Mark Wachtel (:29'48.74) 5K Master's Class Male: 1^{st} Place – Chris Thomas (:23'28.68) 2^{nd} Place – Paul Gill (:24'12.02) 3^{rd} Place – Tim Douglas (:26'52.86) 5K Senior's Class Male: 1^{st} Place – Doug Bruce (:31'15.78) 2^{nd} Place – Gerald Bouse (:31'32.23) 3^{rd} Place – Richard Dehaven (:48'00.32)

Additional information and race photos will be available at

https://nhhsfoundation.shutterfly.com .

Runners were encouraged along the route by over 100 volunteers and race emcee, Isaiah Campbell. 2014 Runners ranged in age from 6 years to 80 years old. This year's event benefited the Healthy Kids Snack Bag program. Through this program, NHHS Foundation gives back to the community by providing weekly snack bags to local elementary school children. This year, the Foundation's snack bag deliveries include Priest Lake, Oldtown, Priest River, Cusick, and Newport. The Foundation will also provide snack support for the students attending the Kalispel Career Training Center (KCTC). For more information on funding and volunteer opportunities for Healthy Kids Snack Bags, please contact the Foundation office at (509) 447-7928.

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