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First Rural Aging Conference Successful

PRIEST RIVER – The Priest River Event Center set the stage for the first Rural Conference on Aging on Saturday, May 16. Over 100 regional residents gathered to take in the free conference devoted to rural aging resources and listen to the hourly speakers. Resource partners from all over the Northwest were on hand to answer questions and provide direction for a growing concern in rural America...aging in place. Conference attendees heard presentations on estate planning, end of life concerns, managing chronic disease, medication management and telehealth technology. The conference concluded with an expert panel who addressed general questions around the topic of "Knowing When It's Time to Seek Help."

Conference speakers included: Denise Stewart, JD (Denise Stewart Law Office); Alex Stanton, (Exbabylon & Newport Alarm); Denise Weiss, RN (Newport Hospital and Health Services); David Lawless, PharmD (Omnicare); Clayton Kersting, MD (Newport Hospital and Health Services); JoDee Savage (Rural Resources); Margaret Cureton, MSW (Newport Hospital and Health Services); Shelley Froehlich, RN (Newport Hospital and Health Services); and Cindy Barnett (Addus Home Care).

The day's events were made possible by Newport Hospital and Health Services, Empire Health Foundation, Exbabylon, Newport Alarm, The Wise Guide, Northwest MedStar, KPND, K102 Country FM, Bonner General Home Health & Community Hospice, Molina, The Beardmore Bistro Wine Bar, Petroglyph Printing and Signs, and the Newport High School Nursing Assistant students.