

# Know Your Numbers!

# ...\$ave BIG!

Price with this  
coupon only

# \$20

During the month of **September** Newport Hospital Laboratory is offering A1c, Blood Pressure, & Cholesterol (lipid) panels for only \$20 with this coupon.



**Be Smart About Your Heart**  
**Control the ABCs of Diabetes**

**A is for A1c:** The A1c test (short for hemoglobin A1c) measures your average blood sugar over the last three months.

**B is for Blood Pressure:** High blood pressure makes your heart work too hard.

**C is for cholesterol:** Bad cholesterol can build up and clog your blood vessels.

Please fast for 9-12 hours (no food or drink except water). Hours are 8AM to 6PM (Monday - Friday) and 8AM to 4PM (Saturday and Sunday). Payment is due at time of service (Visa, MC, Discover, cash, or personal check). No insurance will be billed.



**Newport Hospital & Health Services**  
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